

Name _____

Date _____

Discovering Skills and Gifts

This survey helps you identify the abilities you do well and those you enjoy using. It allows you to add skills and definitions. You may rate part of a cluster by marking through other skills in that cluster. Look at yourself fairly and compare your ability levels with those of people your own age. Circle the appropriate number to rate yourself. You must limit yourself to five 5's and five 1's.

ABOVE AVERAGE	AVERAGE	BELOW AVERAGE			
5	4	3	2	1	Communicating Verbally: speaking clearly and effectively in large or small groups; enjoying performing before others; _____
5	4	3	2	1	Communicating in Writing: expressing ideas and emotions with clarity; adapting words into various forms (journalism, poetry, etc.) _____
5	4	3	2	1	Computer Savvy: operating computer hardware and software; knack for figuring out how to make it work; analytical and/or technical skills; _____
5	4	3	2	1	Creative Ability: visualizing designs and images, and making them a reality; singing, playing an instrument; dancing; cooking; _____
5	4	3	2	1	Encouraging Others: being empathetic and responsive to others' feelings; listening; inspiring them to make decisions; _____
5	4	3	2	1	Fixing Things: diagnosing problems in mechanical, technical, or other areas; figuring what is needed to fix them; _____
5	4	3	2	1	Healing Ability: bringing healing to those who suffer spiritual, physical, or emotional pain; using various disciplines; _____
5	4	3	2	1	Leadership: inspiring others to follow a vision or goal; making long-range plans; motivating people to implement them; _____
5	4	3	2	1	Management: being in charge of accomplishing projects; supervising or overseeing the work of others; _____

ABOVE AVERAGE		AVERAGE		BELOW AVERAGE		
5	4	3	2	1		
						Numerical Ability: thinking symbolically with higher math or concretely with arithmetic; solving mathematical problems; _____
						Organization: analyzing data, things, or people and putting them in categories or systems; bringing order out of chaos; _____
						Outdoor Skills: knowing about nature, forestry, birds, hiking, camping out, playing sports; exercising; gardening; hunting, fishing; _____
						Persuasive Ability: influencing others to agree with a new idea or concept; convincing others to purchase a product or donate to a cause; _____
						Problem-solving: listening or researching relevant factors of a problem; identifying patterns and blocks; seeking resources; _____
						Sharing Faith and Meaning: talking about what is most important to you; listening; sharing inspiring resources; walking the talk; _____
						Teaching/Training: understanding how people learn; building trust; communicating clearly to give knowledge or skill; _____
						Add and rate other skills with your definitions:
5	4	3	2	1		_____
5	4	3	2	1		_____
5	4	3	2	1		_____

From the entire list above, select the five skills/gifts you most deeply enjoy using. Choose the abilities that you seem to do naturally, even though you may work to improve. What gives you a sense of “YES”? Now list these skills and definitions in priority order, with your preferred ability as number 1.

1. _____
2. _____
3. _____
4. _____
5. _____